



## RISE

Schools are dealing with increasing levels of anxiety in our student population. In 2022 we measured student social-emotional wellbeing (SEW). We found that many of our students felt they had trouble making and keeping friends, felt bad for long periods and did not know how to effectively manage their emotions.

We introduced the RISE program to address that data. Built on our Success Ladder, each term we have a different focus where we explicitly teach students the skills for successful cooperation, conversation and conflict resolution.

Each week there is a theme. The theme is introduced by the School Ambassadors on the PA on Monday morning. The theme for the week is consistent across the school as we know a whole school approach works best.

RISE lesson ideas are developed by Shelley staff through analysis of our SEW data and in response to the needs of each cohort.

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SHELLEY PRIMARY SCHOOL



## RISE PROGRAM

Resilient, Inspired, Safe & Energised

# CLIMBING THE LADDER OF SUCCESS

